

## SOPHIA SOUSA, MES PL., BA (HONS).

### Consultant



As a Consultant in our Toronto office, Sophia offers project support including research, content development, and report writing for strategic plans, feasibility studies, and municipal cultural plans. Sophia's projects are primarily based in Canada and the United States with clients including museums, cultural centres, conservancies, agencies, and provincial, state, and municipal governments. Before commencing her Consultant role, Sophia was a Freelance Research Consultant with Lord offering project support to strategy and facility planning teams in both the Toronto and New York office.

Prior to joining Lord, Sophia worked with the City of Toronto's City Planning, Major Capital Infrastructure Coordination Office, and Parks, Forestry, & Recreation divisions, and the Toronto Transit Commission gaining experience in research, strategy, project coordination, parks development, and municipal planning.

Sophia graduated from York University in Toronto with a Master in Environmental Studies (Planning Program), and a Specialized Honours Bachelor of Arts in Urban Studies & Geography. From George Brown College in Toronto, Sophia earned an Ontario College Diploma as an Architectural Technician. For her graduate research work on conservation of retail heritage in Toronto, Sophia has won various awards including being published in York University's Outstanding Paper Series, the B. Harper Bull Scholarship from the Toronto and Region Conservation Authority, and was recognized as an emerging historian in 2018 by Heritage Toronto.